

**Absence of Light of the Sun - "The Cause of Birth of Infinite Lives."**

During the day, due to tremendously powerful heat and light of the Sun, infinite number of minute lives cannot even be born. Infinite other insects, already in the atmosphere return back to their respective homes, holes etc. to avoid heat and injury therefrom. Infinite number of small and big insects etc. even die due to the unbearable heat, temperature and light. What to say about insects, when due to the sun - stroke, human beings too die in hundreds ?

Thus, in the presence of the Sun there are infinitely less insects, microbes etc. present in the atmosphere, than those present during the period after sunset. This knowledge can serve as a Boon and Blessing for reduction in the quantum of our sins to large extent by eating only during the day and in the day light. Because as soon as Sun sets, small and big insects, in infinite quantum take birth, infinite insects come out of their holes and start moving, flying and floating in the atmosphere and they are killed in drinking, in preparing food and in eating food.

**With All The Wishes To Everyone For Abandoning Especially - Eating Of The Roots & Bulbs And The Eating After Sunset.....**

**Quite A 'Long' is 'The Day' ;**

**Then To Eat 'After Sunset' What For ?**

**Indeed 'Salvation' Can Be Attained By All ;**

**Then 'Allow' 'Self Declining', - What For ?**

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# **EATING AFTER SUNSET, THE GREAT SIN.**

[ Ratri Bhojan - Maha Paap ]

**All the Loss , All the Way**

**From the View - Points of**

- 1. Jainism,**
- 2. Hinduism,**
- 3. Science,**
- 4. Doctors,**
- 5. Logical Thinking and Understanding.**

**A Brief Description of the Lives in Hell, "their Pains and Sufferings."**

**PRICE : Rs. 5.**

- **MUNI BHAVYADARSHAN VIJAY.**

Shree Padmavijayee Ganivar Jain Granth Mala - 31

# EATING AFTER SUNSET, THE GREAT SIN

[ Ratri Bhojan - Maha Paap ]

( Logical thinking from different view - points and angles about the Great Sin in eating / drinking after sunset - the preventor of the entry in good re - birth, and the thrower in the sinful bad re - birth or in Hell. Also the description of the dreadful pains and sorrows of the lives in Hell. )

**Eating after Sunset - Great Harmful for Health & Most Sinful for Soul.**  
(Ratri Bhojan - Maha paap - Sarvdrashtie Nukshankarak)

**Eating - Drinking after Sunset - Great Sinful for Soul And Highly Harmful for Health.**

**Eating - Drinking after Sunset - All the loss, All the way.**

**Eating after Sunset - Irrational, Illogical, Inhuman.**

**Eating - Drinking after Sunset - The Great Sin - All the loss, All the way.**

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**APPEAL :** Kindly read, think, practice and pass on this book  
& the ideas to others.

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**GIVE ME ONLY TWO MINUTES**

Today, eating / drinking after sunset has become so common that one will perhaps wonder whether eating after sunset is a sin ?

The answer is firmly, affirmatively and powerfully - positive. Eating and even cooking after sunset is not merely a sin, but is full of sins, series of sins. It is full of killing of innumerable lives. However it has become so common at every place, that even the disgust and dislike thereof, has vanished ! We have overseen it's terrible results. Killing of lives in eating after sunset is solidly and undoubtedly established by the Jain philosophy, even by non - Jain philosophy and also by the scientific experiments and researches.

You will be highly startled to know the statement of Jainism - that even a " **Single meal after sunset** " brings or results in so much heavy quantum of sins that the soul of the eater after sunset is thrown in HELL or in the bad and sinful rebirth .

It has been stated to the extent that even a Kevalgyanee ( **One with pure, absolute, perfect, infinite and complete knowledge** ) is not able to fully or wholly describe the complete quantum of the sins attached with the eating after sunset.

Prohibition - negation of eating after sunset not only safeguards the soul, but also safeguards the body. Abandonment of eating after sunset gives many great benefits of physical as well as spiritual nature by protecting the body, mind and the soul - all the three !

This is an invaluable "human birth" and not of a "beast". In animal - birth, eating was endless day and night..... same wise to carry and continue in this precious human incar-

nation too, would mean that though birth in the animal category has ended, beastliness still remains.

Know the ocean of sins in eating after sunset and firmly and whole - heartedly take a vow to return from the said path of sin. Abandon the same from this very moment. Accept my good wishes for your getting a healthy body and a pure and a powerful mind.

Now let us logically investigate and testify various aspects and factors of the endless ocean of sins caused by eating after sunset.....

- MUNI BHAVYADARSHAN VIJAY.

## INDEX

1. Eating after sunset - In the eyes of one with Pure and Perfect knowledge (i.e. Kevalgyanee).....
2. Logical thinking based on the Jain philosophy Procedure for eating
3. Eating after sunset - From the viewpoints of other religions..... Thinking based on written scripts of philosophies other than of Jainism.
4. Eating after sunset - In the eyes of doctors.
5. Eating after sunset - From the common - view point.
6. How many lives in a single drop of water ?
7. General description of horrible pains, sufferings and tortures in Hell - based on the written scripts of Jainism and also on those of other religions.

## BRIEF BASE BEFORE BEGINNING...

I felt highly honoured when Pujya Acharyadev Shrimad Vijay Mitranandsuriswarji Maharaj Saheb and Shree Bhavyadarshan Vijayji Maharaj Saheb asked me whether I would translate the Gujarati booklet " Ratri Bhojan - Maha Paap ", compiled and edited by the latter, to English language. They said, this was especially for those, not conversant with the Gujarati language, Indians as well as foreigners, to avail them, the golden opportunity to gain the knowledge of the truth of the sinful, injurious & harmful aspects of eating and drinking after sun - set. Also to inspire them to abandon the same and thereby bestow them with physical, mental and spiritual benefits.

I, most gladly accepted their boon - like proposal. Due to the divine blessings of my parents and those of Rev. Acharya and Muniraj my task of translation could be completed and I will remain highly indebted to them for the same.

This booklet is meant not only for a Jain or a Hindu, but is for everyone. Jainism is based on the principles of " Ahinsa " i.e. non - violence. We like happiness and dislike sorrow. The behaviour of others with us, which we dislike, should not be adopted by us either towards them or towards any life.

Jain religion is the very first and the foremost religion of the entire Universe. It can rightly be termed as " The Living Religion " from the time immemorial. Jain Biology (Jeev Vichar) proves life not only in vegetables, but also in earth, water, air, fire etc. since infinite years ; while science has attributed life to vegetation etc. only since recent years.